BBC FOOD

Bread stuffed with sausage and zampone

Preparation time

1-2 hours

Cooking time

30 mins to 1 hour

Serves

Serves 2

A meaty feast of sausages, cabbage and Alpine cheeses, wrapped in a parcel of freshly baked bread.

By Matt Tebbutt From Saturday Kitchen

Ingredients

For the bread dough

250g/9oz strong bread flour, plus extra for kneading 7g fast-action dried yeast 1 tsp salt

For the filling

2 tbsp olive oil

½ zampone (pre-cooked, boned pig's trotter), boiled for 20 mins and chopped (available from some Italian delis) ¼ savoy cabbage, sliced and blanched

2 fennel sausages, cooked and sliced 2 smoked sausages, cooked and sliced 150g/5½oz new potatoes, cooked and sliced

100-150g/3½-5½oz soured cream or crème fraîche 100-150g/3½-5½oz beaufort cheese or reblochon cheese

Method

- 1. For the bread dough, place the flour in a large bowl and add the yeast and salt and mix. Slowly add 150-200ml water until it comes together as a dough. Knead for at least 5 minutes until you have a smooth dough. Place in a lightly floured, large bowl, cover and leave to prove for about an hour or until doubled in size.
- 2. Preheat the oven to 200C/180C Fan/Gas 6.
- **3.** Heat a medium frying pan and add the oil, fry the trotter with the cabbage for 2-3 minutes.
- Knock the air out of the dough, and roll out into a circle on a floured surface.
- 5. Place all the filling ingredients into one half of the rolled out dough circle, mix them together and then fold the other half over to make a semi-circle. Crimp the edges until well-sealed and place on a baking tray lined with baking paper.
- **6.** Bake in the oven for 15–20 minutes or until golden-brown. When you tap the bottom it should sound hollow.
- 7. To serve, place the cooked bread onto a serving plate and tear open.